



BUCKINGHAMSHIRE
NEW UNIVERSITY
EST. 1891

BSc Mental Health Nursing Interview Information Pack

College of Health & Society



Candidate interview information pack

Congratulations on being invited to interview for the **BSc Mental Health Nursing** programme. This guide will help you prepare, understand what to expect, and feel confident on the day.

Interview Format and Joining Instructions

Your interview will take place online via Microsoft Teams.

Please read the guidance below carefully:

Before the Interview

- Join the Microsoft Teams meeting at least 15 minutes before your scheduled time to check your sound and video are working.
- Ensure your full name appears correctly on Teams (e.g. Jane Smith).
- Do not use background filters, blur, or virtual backgrounds — we need to confirm your identity clearly.
- Please ensure you are in a quiet, private space with good lighting and minimal background noise.
- Have your photo identification (passport, driving licence, or college ID) ready to show at the start of your interview.
- Dress professionally, as you would for an in-person interview.

What to expect

Your interview will be values-based, meaning we are interested in your understanding of the values, attitudes, and behaviours that are essential in nursing.

You may be asked questions that explore:

- How you demonstrate compassion, respect, and integrity.
- How you work in a team or manage challenges.
- Your understanding of the NHS Values and the 6 Cs of Nursing.
- Scenarios that test your judgement and empathy.

You'll also have the opportunity to ask questions at the end of your interview.



Topics to Research

NHS VALUES

Learn about the 6 NHS Values:

1. Working together for patients
2. Respect and dignity.
3. Commitment to quality of care
4. Compassion
5. Improving lives
6. Everyone counts

Visit: [NHS Values](#)

THE 6 Cs OF NURSING

1. Care
2. Compassion
3. Competence
4. Communication
5. Courage
6. Commitment

Be ready to reflect on which you already demonstrate and how you aim to develop them. Visit: [NHS Professionals 6 C's of Care](#)

You don't need healthcare experience — think about how your transferable skills (communication, empathy, organisation, teamwork) apply to nursing practice.

UNDERSTANDING MENTAL HEALTH NURSING

- Supporting individuals in distress or crisis.
- The importance of empathy, active listening, and non-judgmental care.
- Reducing stigma and promoting recovery.
- Working within multidisciplinary teams (psychiatrists, psychologists, social workers).

How to Answer Questions

You don't need healthcare experience, we're looking for potential, reflection, and values.

Examples of where you can draw your experience from:

- School or college (projects, teamwork, challenges, leadership).
- Part-time work or volunteering (responsibility, communication, reliability).
- Family or community roles (caring for others, supporting wellbeing).
- Personal experiences (times you've shown empathy, patience, or resilience).

Remember: it's not about having healthcare experience, it's about demonstrating your values



Tips for a Successful Interview

- Be yourself — authenticity matters.
- Take a breath before answering.
- Listen carefully to each question.
- Give examples that show your compassion, respect, and teamwork skills.
- Be honest if you don't know something, talk about how you would find out or learn.
- Smile and engage, show your enthusiasm for nursing.

Questions You Could Ask

- How are students supported to manage emotionally challenging placements?
- How do placements in community mental health differ from ward placements?
- How does the university support academic and emotional wellbeing?
- What does a typical week look like on the course?
- How can students prepare for their first placement?
- What opportunities exist after qualification?



On the Day Checklist

- ✓ Join Teams 15 minutes early
- ✓ Use your real name
- ✓ No background blur or filters
- ✓ Quiet, bright environment
- ✓ Photo ID ready
- ✓ Check camera and sound
- ✓ Prepare questions to ask
- ✓ Relax and smile

After Your Interview

You'll receive your outcome via UCAS. If successful, you'll get full details of your offer and next steps.

We look forward to meeting you!

